



COVID Guidelines for HYP Sports

HYP will continue to follow recommendations as they are set forth by the Centers for Disease Control and Prevention (CDC) and other health experts to determine COVID protocols for our leagues and events.

Due to increased exhalation that occurs during physical activity, many sports put athletes, coaches, trainers, and staff at increased risk for getting and spreading COVID-19, especially among those who are not up to date with their vaccines. Close contact sports and indoor sports are particularly risky. Athletes, coaches, trainers, and staff should refrain from sporting activities when they have symptoms consistent with COVID-19 and should isolate and be tested. If you are sick, don't play – it's simple.

Most HYP Sports are played outdoors. In general, the risk of SARS-CoV-2 transmission is lower when playing outdoors than in indoor settings. Consider the ability to keep physical distancing in various settings at the sporting event (e.g., fields, benches/team areas, locker rooms, spectator viewing areas, spectator facilities/restrooms) and remember the following prevention strategies suggested below;

Participants

- Masks will **NOT** be required for vaccinated players or spectators.
 - Vaccinated individuals who wish to continue wearing a mask are more than welcome to do so.
- Unvaccinated players and spectators are asked to consider wearing a mask whenever social distancing of six feet is not possible.
- Players should refrain from high fives, handshake lines, and other physical contact with opposing players and umpires without proper handwashing techniques available.
- If a player develops symptoms while at a game, that player must immediately isolate and/or leave the game. It is up to the player if they wish to seek medical care.
- Players should conduct daily symptom assessments. Anyone experiencing symptoms or has come in contact with someone who has tested positive for COVID-19 in the last 5 days must stay home.*

Officials

- Masks will **NOT** be required for vaccinated officials.
- Unvaccinated officials will be asked to wear a mask whenever social distancing of six feet is not possible.
- If an official develops symptoms while at a game, that official must immediately isolate and/or seek medical care.
- Officials must conduct daily symptom assessment. Anyone experiencing symptoms or has come in contact with someone who has tested positive for COVID-19 in the last 5 days must stay home.*

Arriving at the Field

- Players and officials should conduct daily symptom assessments. Anyone experiencing symptoms or has come in contact with someone who has tested positive for COVID-19 in the last 5 days must stay home.*

****Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.***