



Winter Sports 2022 COVID Guidelines

HYP will continue to follow recommendations by the CDC and other health experts to determine COVID protocols for our leagues and events.

Gameday Policies

- Masks are strongly recommended, regardless of vaccination status, while inside the gyms and facilities during games.
- Spectators must wear a mask regardless of vaccination status at all times.
- Non-contact temperature checks will be taken before each game to ensure players and refs do not have a fever of 100.4 degrees or higher.
- Players should refrain from high fives, handshake lines, and other physical contact with opposing players and referees during games.

Assessing Symptoms

- Players must conduct daily symptom assessment. Anyone experiencing symptoms or has come in contact with someone who has tested positive for COVID-19 in the last 5 days must stay home if you are fully vaccinated provided that you have no symptoms.*
- If a player develops symptoms while at a game, that player must immediately isolate and seek medical care if necessary.

YMCA's Commitment to Cleanliness

- On their website, the YMCA has outlined their commitment to cleanliness. For our basketball players that commitment can be found by [CLICKING HERE](#).

**** Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.***