

HYP Sand Volleyball Rules

REGISTRATION

All players register to play at <https://hyp.org/sports/>. If an athlete has trouble registering online, they must contact sports@hyp.org prior to registration closing to join a team. Communication must be received no later than 11:59 p.m. on the date of registration closing to be considered. Players may not be added to a team after registration closes for any reason. Any team found to be playing with unregistered players will be subject to the forfeit of matches in which the unregistered athlete played.

**Conflicts with late registration and illness/injury additions may be considered depending on approval of the Sports & Fitness Committee.*

DIVISION STRUCTURE

Elite – The Elite Division is for skilled players with prior game experience looking for a more competitive game environment. This division is like the BB level of play in outdoor volleyball leagues. Elimination Playoffs (all teams qualify) as it will be split between a Major and Minor Conference Playoff Bracket. Team trophies will be given out for the winner of each bracket and the Major Conference winner will receive a \$100 gift card to the league sponsor bar.

Casual – The Casual Division provides casual players with a recreational game experience, focusing on camaraderie and enjoyment more than winning or losing. This division is like A/AA play in outdoor volleyball leagues.

No playoffs as all teams will play an extra game after the regular season against a similarly ranked team for a Bowl Game.

Teams are STRONGLY urged to participate in the division that most appropriately matches their athleticism and competitiveness. This helps create fair, competitive matchups and contributes to the overall enjoyment of the league.

TEAM ROSTERS

- There is no maximum number of team members, but teams must have a minimum of 8 players on a roster.
- Teams must have 4-6 players on the court during each game.
 - If a team is playing with (6) players, no more than (4) players can be male.
 - If a team is playing with (4) or (5) players, no more than (3) players can be male.
 - A team that has fewer than (1) female must forfeit the game.
- Roster additions can be made after the close of registration in the event of a player's injury, illness, or other unexpected reasons. The affected player must contact the Director of Sports and Fitness to make the necessary accommodations. The player being replaced must be replaced with the same gender. The player being replaced will be removed from the team roster and will be considered an ineligible player.
- Injury substitutions are permitted.
- Any unregistered player found by a pre-game roster check will not be allowed to play.
- A team captain may request a roster check at any time throughout the game, but not after the game.
- Any ineligible player found by an in-game roster check will result in a forfeit by the team for whom he or she is playing and scored 0-3. The team's captain is suspended for 1 game.

Any person who has not registered signed the waiver, and paid the fee to play in the league is not considered a team member. This is a liability for the organization as it is an unfair opportunity for other players in the league.

- **First offense:** The team forfeits the game and the team captain is suspended for (1) match.
- **Second offense:** The team forfeits the game and the whole team is suspended for (1) game which results in being ineligible for the Postseason.

SUBSTITUTE PLAYERS

- If a team has less than the minimum roster requirements, they may pick up a maximum of (2) players from another HYP Spring Sand Volleyball team to reach a maximum of 6 players on the court.
- Teams may only have substitute players from their own division or lower (for example, a Casual Division team may not add a substitute player from the Elite Division, unless the player is registered in both divisions).
- A rostered player who arrives late must immediately replace any substitute players. Substitute players cannot be used in playoff games but can be used in bowl games for the Casual Division.
- Teams may use substitute players from another league (for example, a Thursday League team may add a substitute player from a Tuesday League team).

TEAM CAPTAINS

Team captains are expected to take an active role in managing their teams. If a team captain is not present for a match, one player will be designated by the team for that game to be Co-Captain.

Captains are responsible for:

- *Requesting roster checks by court supervisors before or during the game (cannot be completed after the game). When a roster check is requested, players will need to present photo identification (driver's license or an ID with their name and picture) to ensure they match up with the players listed on the roster. If a check is requested and a player does not have an ID (a picture of their photo ID on a phone is fine if it's clear), they will not be permitted to play. Printed copies of the rosters will be available on-site and captains will also be sent copies of the rosters.*
- Making sure all team members are familiar with the rules and applicable league policies.
- Informing the opposing team captains and court supervisors of any use of substitute players.
- Reporting incorrect scores to the Sports & Fitness Committee within 48 hours of their posting (After 48 hours the game score is final).
- Attending the required captain's meeting prior to the start of the season. The captain's team will forfeit each of their matches until this requirement is met. The captain's meeting is also where you will receive your team shirts. If a captain is unable to make the meeting, another member of the team is asked to attend or have accommodations made to receive team shirts and other information at another time.

EQUIPMENT AND CLOTHING

All players are required to wear their current HYP Sand Volleyball jersey during gameplay following the 2nd week of the season. Following the 2nd week of the season, for every player who does not have their jersey, (1) point will be given to the opposing team to start each match. If a player's jersey is lost or destroyed, he or she must contact HYP at sports@hyp.org or call the office at 717-257-0406 to

purchase a replacement. Our sponsors pay a large amount of money to help make our leagues affordable and we would like to honor this commitment by wearing current shirts during games.

HYP will provide volleyballs for teams to use during games and to practice before games. Players can bring their own volleyballs to play with, pending approval from the opponent.

START TIME

Every effort will be made to ensure that matches begin promptly at their scheduled times. Teams that do not have the minimum (4) players at the start of the match are permitted a (10)-minute grace period. After (5) minutes, their opponent is awarded (2) points for every match. A team that still does not have the minimum number of players after the (10)-minute grace period forfeits the game 0-3. Teams playing have practice time before their scheduled game.

GAMEPLAY RULES

- A total of (3) games will be played within a 45-minute time frame. Games one and two will be played to (21) and the third game to (15) – **(win by two for all sets)** or end of time allotment (final set). **No Cap!**
 - Warmup time is encouraged to happen off the court or on the court if the prior match has finished.
 - The Court Supervisor will inform teams when there are 5-mins left of gameplay and cease the match at the 45-minute time allotment.
- Rally scoring system will be used.
- A max of (3) consecutive contacts per side
 - In those (3) consecutive hits, (1) must be a female.
- Serve/Service Order/Play after Service
 - When finishing a serve, the server's feet must both land behind the back line.
 - The player in the back right-hand corner of the rotation will be designated to serve until the service is lost.
 - After the serve, front-line players may switch positions at the net.
 - The next designated service will be the next player after (1) counterclockwise rotation on the court.
 - All players must participate in the rotation as teams may not skip players who are waiting to return to play.
 - A player cannot block or attack a serve from on or inside the 10-foot line.
 - If a serve hits the net and lands on the receiving team's side, it is in play.
- A player may not contact the ball twice in succession (a block is not considered a contact).
- The ball may be played off the net during a volley or on a serve.
- A ball hitting a boundary line is in.
- It is okay to contact the ball with any part of a player's body.
- It is not okay to catch, hold or throw the ball.
- Net Violations:
 - **All Divisions:** No Net Contact Allowed
- Games Rotations:
 - **All Divisions:** 6 players on the court at any one time (3 in the front row and 3 in the back row), a back row player cannot jump and "hit" a ball at the net.
 - **Teams with more than the minimum amount must rotate a player onto the court at each side out if another player rotates off the court** (Must follow rotation rules above).

REPORTING SCORES

- The winning Team Captain of the game **MUST** record the game score on the clipboards located under the pavilion at the volleyball courts.
- Scores must be recorded as one of the following: **(PLEASE CIRCLE THE WINNING TEAM)**
 - 3-0 or 2-1
 - **If no score is recorded, the game will be recorded as tied 1-1 (a team will have up to 24 hours to report the score).**

RULE CHANGES

Should circumstances justify a change to any rules or policies that will improve the game experience for all players, the Sports & Fitness Committee reserves the authority to affect rule changes up until the start of the second half of the season. Proposed rule changes will be disseminated to team captains for comment, and if agreed upon, implemented by the following week.

PLAYOFFS

ELITE DIVISION: All teams will qualify for playoffs but will be split up into a Major and Minor Conference Playoff Bracket to compete in a single-elimination tournament. Major Playoffs will be the top half of the seeded teams and Minor Playoffs will be the bottom half of the seeded teams. Both division winners of the tournament will receive a team trophy. The Major Conference champions receive a \$100 gift card to league sponsors.

CASUAL DIVISION: No playoffs as all teams will play an extra game after the Regular Season against a similarly ranked team for a Bowl Game.

STANDINGS

- Scores and standings will be updated on League Lobster within a day after games are completed.
- Captains have 48 hours after scores are posted to report an incorrect score. After 48 hours, all scores and standings are final.
- Team standings are determined by the following, in order:
 1. Overall winning percentage
 2. Head-to-Head record
 3. Lowest total points allowed
 4. Least number of forfeits for the season
 5. Most points scored
 6. Coin Toss

CANCELLATIONS AND MAKE-UP GAMES

Sand Volleyball games will be played in cold temperatures, windy and rainy weather. Games will be canceled if the weather is severe or if the City of Harrisburg does not allow permit holders to play. Please be prepared to play every game until an announcement has been made! Once a game begins it is up to the HYP Executive Board to decide when a game should be called. HYP will communicate to captains via email to inform them about future makeup games. Games in progress may be canceled due to unsafe weather conditions. Otherwise, the make-up game will be replayed from the beginning.

RULE ENFORCEMENT AND CONDUCT

- Players are responsible for understanding and abiding by the rules of the game.

- Unsportsmanlike behavior, such as taunting, antagonizing opponents, and using foul or abusive language, will not be tolerated. Players who engage in such behavior will be subject to disciplinary action according to the guidelines set forth in the HYP Sportsmanship Policy.
- HYP staff members/court supervisors are authorized to remove any disruptive player or guest from the premises.
- **Harrisburg Young Professionals is committed to providing a safe environment for all sports participants, including players, guests, staff, and game officials. All participants are encouraged to report unacceptable conduct (including but not limited to verbal abuse, harassment on social media, and threatening language) to HYP's Board of Directors. Players who engage in such behavior may be suspended for the remainder of the season or longer where appropriate as determined by the Board.**

COURT SUPERVISING

Any registered players who are interested in volunteering to help take volleyballs to games or after games and to be court supervisors, should contact sports@hyp.org or call the office at 717-257-0406.

FACILITIES AND PARKING

Maintenance of sand volleyball courts on City Island and turning court lights on (owned by Harrisburg City Department of Recreation) is the responsibility of their respective owners. It will be the player's responsibility to obey Harrisburg City's parking laws enforced on City Island. Players may not park in the grass nor next to the courts unless they have a permit to park there. HYP has no say with the City of Harrisburg, Harrisburg Senators, or any other organizations that enforce paying to park as it is out of HYP's control. As a civic organization, Harrisburg Young Professionals encourages good citizenship of its representative members and sports league participants. Picking up trash (especially if it is not your own) helps create a more pleasant game experience for other league participants and promotes a more cooperative relationship between HYP and the community organizations with whom we partner.

WAIVER OF LIABILITY & SPORTSMANSHIP POLICY

All participants must complete an HYP Sports League Waiver of liability form and Sportsmanship Policy. All participants in the league assume the risk of injury. HYP, its volunteers, and employees shall not be liable for injury to a person, loss or damage to personal property arising from, or in any way resulting from, participation in the league. *(Harrisburg Young Professionals is not responsible for any lost or stolen equipment, bottles, clothing, etc.)*

HYP SPORTS ALCOHOL POLICY

Harrisburg Young Professionals strives to provide players and guests with a safe, alcohol-free game experience that is family-friendly, social, and competitive. HYP partners with sponsoring bars to provide a social environment for participants and guests to enjoy alcohol responsibly **after the game**. It is HYP's policy that all players and guests must comply with all applicable laws and ordinances regarding the possession and consumption of alcohol. **Harrisburg City Department of Recreation** prohibits the possession and consumption of alcohol on their respective premises. Failure to adhere to these policies jeopardizes HYP's access to those facilities, and anyone found to be in violation of this policy will be asked to leave the premises. Players and guests who appear to be under the influence of alcohol or other controlled substance will similarly be asked to leave. Players who violate the HYP Sports Alcohol Policy may be referred to HYP's Board of Directors for additional sanction.